

The NERVE

A UNIT OF SPECIALIST HEALTH SYSTEMS PVT LTD

Advanced Neuro Rehabilitation & Sports Medicine Redefined

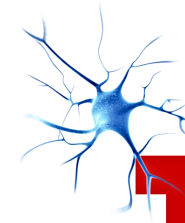
Adding life to years

The Nerve

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Patients Guide

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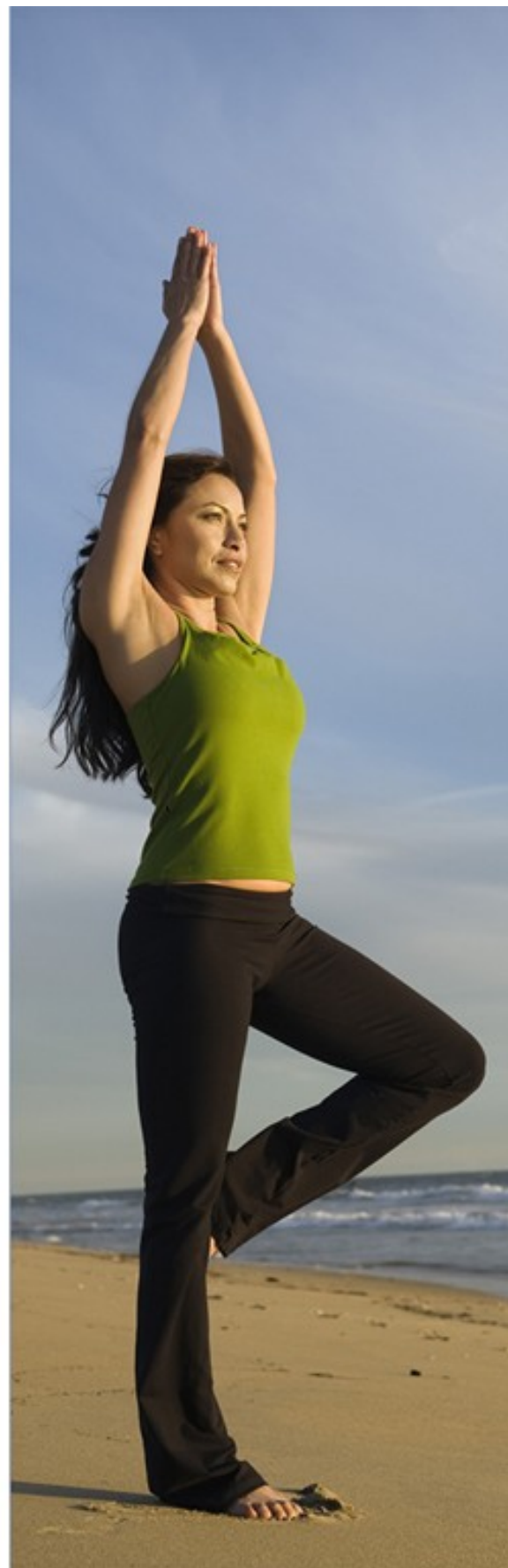
PHYSIOTHERAPY, NEUROREHABILITATION & SPORTS MEDICINE

This speciality emphasizes on prevention, diagnosis and treatment of clinical conditions that lead to limitations in function. The conventional medical approach aims ***“Adding years to life”*** and this speciality with its functional model accomplishes “adding life to years”.

The department provides comprehensive multi-disciplinary rehabilitation program for all age groups. Our unique and customized programs are designed to promote or enhance recovery, health and wellness that fit each patient needs. It helps them to reach to their fullest potential.

Adding life to years

Physiotherapy
makes you
Stronger
in so many ways



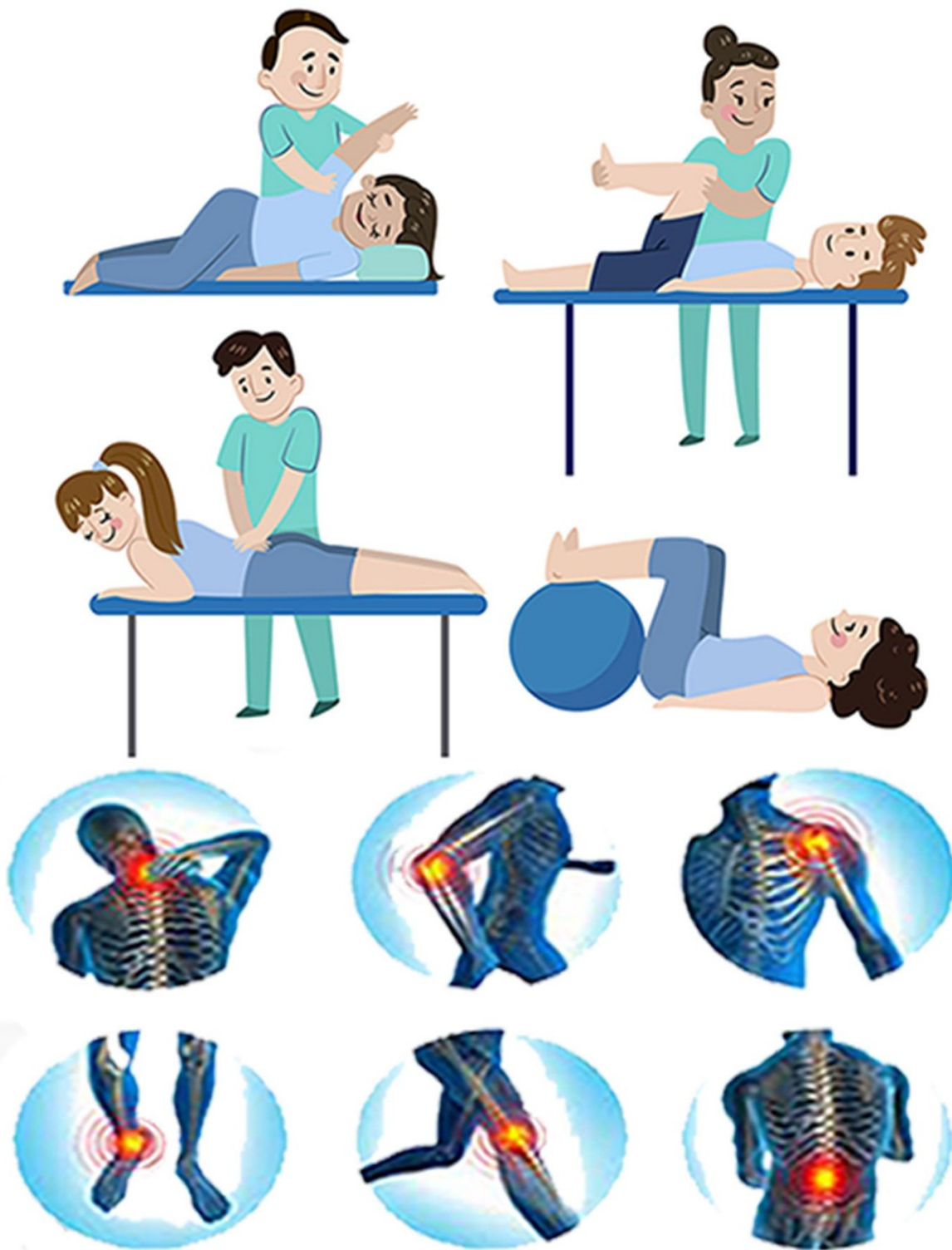
OUR GOAL

We intend to improve physical, social and cognitive function through treatment and training so that our clients may acquire, practice and maintain the skills necessary to achieve graded functional independence in the community. Our goal is strive to maximize function, decrease pain and exceed their previous level of activities. We focus on patient capabilities rather than disabilities.

OUR SERVICES

Our Programmes are patient centric, affordable and designed with focus on patient comfort and convenience in the most patient –friendly atmosphere.

- In patient care
- Outpatient care
- Musculoskeletal rehabilitation
- Neuro - rehabilitation
- Cardio- Pulmonary rehabilitation
- Sports Medicine
- Home- Care Physiotherapy Services.



Our areas of clinical expertise include:

Out –patient Care:

The outpatient care in Specialist is thoughtfully designed having spacious interiors. Every patient is a beneficiary of the extensive range of Specialists experienced personnel who are invariably ever fair and never proud. The Exercise therapy and electrotherapy are filled with international and most advanced equipments so as to ensure unique services.

Neurological Rehabilitation:

Stroke, Head Injury, Spinal cord Injury, Guillian Barre Syndrome, Myelopathy, Myopathies, Neuropathies, Multiple Sclerosis, Parkinson's Diseases, Motor Neuron Disease, Balance & Coordination , etc.

Musculoskeletal Rehabilitation & Sports Medicine:

Neck & Back pain – Spondylosis, Disc Prolapse, etc. Frozen Shoulder, Knee pain- Osteoarthritis, Bursitis, Ligament injuries. Sports injuries like Ankle Sprain, Rotator Cuff tears, Impingement Syndromes, Rehabilitation following ACL repair, hip/knee replacement, Osteoporosis. De-conditioning due to chronic illness, Rheumatological disorders, Mobilisation following surgery, fractures , Polytrauma.

Chronic Pain Management:

Our holistic rehab approach including counselling , interventional pain procedures and therapeutic modalities helps patients to overcome chronic pain syndromes like Fibromyalgia, Myofascial pain Syndrome, Repetitive strain injuries, Failed Back syndrome, Plantar Fascitis, Tendo-Achillitis, Retrocalneal bursitis(Heel Pain), etc

Cardio Pulmonary Rehabilitation:

Individualized rehab programme which cover exercise schedule , education and lifestyle modification. Services are available for Post CABG, Stable Angina, Obstructive/ Restrictive airway Diseases, etc

Women's Health Issues:

Ante-Natal and Post-natal exercise programmes, Pelvic pain Management, Urinary Incontinence, Pre or Post natal Postural / Musculoskeletal pain.

Ergonomics/ Workstation Evaluation:

Ergonomic Awareness and training to prevent Repetitive Strain Injury(RSI) and other Work related Musculoskeletal Disorders .

HOME CARE SERVICES:

Physical therapists pay special attention to those suffering from neurological, Orthopaedic and geriatric ailments confined to home to suit the convenience of those concerned at congenial home surroundings.

MORE THAN A PATIENT :

In the department, you are treated and respected as a distinguished individual. Your needs and comforts are given priority over all else. You can anticipate the best care available.

You are the source of our inspiration to continue our tradition of dedicated service.

Always remember you are in the best hands at Specialist

