

#### EXTENSIVE EXPERTISE, BREAKTHROUGH TECHNOLOGY AND A HUMANITARIAN APPROACH.



#### CONTACT HEALTH CARE SPECIALIST +91 80 4601 1911



WE VALUE YOUR HEALTH, WE CARE FOR YOUR COMFORT

# 216, 7th Main, 80 ft Road, 1st Block, HRBR Layout, Kalyan Nagar, Bangalore, Karnataka 560043

homehealth@specialisthospital.co.in | www.specialisthospital.in

#### VISION

To deliver high quality health care with affordable cost.

### MISSION

To be a patient friendly hospital.





**Specialist Health systems Pvt Ltd** is an integrated Healthcare provider with a network of 3 Medical centers, Oral healthcare, Pharmacy retail, and other health related services in Bangalore.

**February 2011:** Specialist Hospital is one-of-its kind initiative under Specialist Health systems, Started by two young orthopaedic surgeons in a small fracture & joint outpatient clinic with basic diagnostic facilities.

**August 2013:** Specialist Health systems Pvt Ltd, As days passed, we realized the need for expansion, so expansion was made to 50 bedded Super specialty hospital featuring Operation Theatre, ICU, laboratory, & pharmacy

**December 2014:** Located in a Eastern side of Bangalore in a serene atmosphere, the need was even more hence expansion was made to the current 150 bedded Super specialty hospital with state of art Cath-lab, 4 operation theatres, 20 bedded Intensive Care Unit, and the dialysis unit.

**January 2019:** Started a dedicated 50 bedded Cardiac Hospital. [Specialist The Heart Hospital] is the first Cardiac Hospital in East Bangalore.

**Specialist Hospital**, offers a wide range of services across specialties which include cardiology, cardiac surgery, nephrology, urology, neurology, neurosurgery, endocrinology, orthopedics, internal medicine, obstetrics, gynecology, pediatrics, neonatology and gastroenterology to name a few.

The surgical specialties are supported by state-of-the-art fully computerized pathology and radiology department, diagnostic facilities such as 64 slice CT scan, Silent (Quite suite) MRI scan, Cath Lab, Endoscopy, Ultrasound, ECG, Echocardiogram, X-ray, Mammography & 24/7 Emergency Wing, ensuring speedy diagnosis, helping your loved one's speedy recovery

**The OPD at Specialist Hospital,** is designed to accommodate 1000 patients on a daily basis at full capacity, intended to ensure timely diagnosis and to provide relevant surgical intervention when required.

# EXCELLENCE IN NURSING CARE





#### **Nursing Care**

We bring skilled and personalized nursing care in the comfort of your home. Besides being convenient, the compassionate nursing care at home also helps a patient recover sooner, as it has been found that people tend to recover sooner from their illness or ailments when surrounded by their loved ones.

Our nurses monitor the diet of the patient; take readings of blood pressure, temperature, heart rate and breathing. They ensure the prescription and other medication are followed strictly as per the treating doctors advise. And most importantly regularly co ordinate with the doctor to provide a proper course of health care.

**AS PER YOUR REQUIREMENT,** you can hire the services of a trained nurse for 12 hours or 24 hours.

- Post surgical care
- Monitoring vital signs
- Urinary catheterization
- Wound care
- Suture removal

- Injections (IM, IV, SC)
- IV-Infusion
- Tracheostomy care
- Suctioning
- Bed sore care



#### **Physiotherapy**

Physiotherapy is referred to as physical therapy, is an allied health profession that makes use of bio – mechanics or kinesiology, manual therapy, exercise therapy and electrotherapy, to help patients restore, maintain and increase their physical mobility, strength and function.

Our physiotherapist help people regain mobility, as they have a better understanding of how the body works and are trained in clinical skills to assess, diagnose and treat disabilities. Our physiotherapist can help patients recover from injuries and disabilities ranging from back pain, neck pain, knees pain to ligament issues at Home.

- Orthopedic injuries
- Sports injuries
- Back pain
- Post surgical rehabilitation
- Arthritis, neck pain
- Spinal care
- Geriatric care
- Postural analysis
- Pre and Post natal physiotherapy

## EXCELLENCE IN NURSING ATTENDANT

#### Nursing Attendant

Trained attendants take care of the daily activities of a person in need. They help with personal grooming, movement, feeding, and are also trained to monitor general health by regularly measuring essential vitals like heart rate, blood pressure, etc.

If a loved one needs help moving around or to be monitored regularly, a trained attendant is exactly who you need at home.

**AS PER YOUR REQUIREMENT,** you can hire the services of a trained attendant for 12 hours or 24 hours.

- Daily living assistance
- Mobility assistance
- Oral medication
- Monitoring vitals



#### Lab Test

Our expert Phlebotomists collect the lab samples at your doorstep and process it at our certified Laboratories. The lab report is shared via email within stipulated time for the test. We provide complete health check-up packages and individual lab tests for you and your family.

Our wide range of lab tests includes Complete Blood Count, Fasting Blood Sugar (FBS), and Postprandial Blood Sugar (PPBS), HBA1C, Thyroid Profile (T3, T4 and TSH), Lipid Profile, Urine Test, CRP Blood Test, Cholesterol Test, Dengue Blood Test, Vitamin Test, Kidney Profile and other test at your convenience.

#### We Provide :

- Well trained and experienced staff to collect samples
- Preventive health check-up
- ECG, BP monitoring
- Easy access to reports



## EXCELLENCE IN MEDICAL EQUIPMENT

#### **Medical Equipment**

Our experienced team delivers a range of medical equipment, right at your doorstep. Our team understands your medical condition, and delivers reliable and best-in-class medical equipment. Our delivery personnel are supported by biomedical engineers for expert installation and demo services

- Orthopaedic care
- Geriatric and mobility care
- Weighing scale & glucometer
- Wheel chair, walker, crutches
- Cardiac care
- Respiratory care

- Oxygen concentrator
- Nebulizers, suction apparatus
- Bipap & cpap machine
- Hospital beds and air mattresses
- Physio consumables
- Holter monitor

# EXCELLENCE IN PHARMACY MEDININE DELIVERY

# SPECIALIST HARMACY

Medicine delivered to your doorstep

#### **Pharmacy Medicine Delivery**

We care for your time and help you to save your time to take care of your loved ones at home. Free yourself from driving down to Pharmacy, waiting at the counter for your medicine. Our skilled Pharmacist will make certain timely and prompt delivery of your medicines at the comfort of your home and also keep a track of the refills. We assure you safe and secure services round the clock.

#### We Provide :

- Medicine delivery at your doorstep
- Refill reminders for chronic patients
- Special offers for regular patients
- Medicine delivered at night